

January 23, 2013

QYC NEWS

The first period is technique, the second is conditioning, and the third is heart.



SOUDERTON TOURNAMENT:

We encourage our wrestlers to compete in tournaments. To support this effort we will pay the registration fee for the Souderton Tournament on 2/3/2013.

Please fill out the registration form on our website and hand it to a coach no later than Wednesday, 1/30/2013.

UNDEFEATED QYC PUTS DOWN CENTRAL BUCKS

Quakertown earned their second straight victory over a previously undefeated opponent on Sunday. Varsity put down a strong Central Bucks team.

Each wrestler battled with a lot of heart. Varsity won 41-33 and JV won 81-10. Both teams improved to 7-0 on the season. The

Quakertown stands were full and the support was a big ingredient to the hard fought win.

QYC takes on rival Pennridge and Allen at Strayer Middle School on Sunday. Details are below.

Night at the Races - 2/9/2013

Tickets are on sale now! Please see a board member for tickets.

EPYWL JV and Exhibition

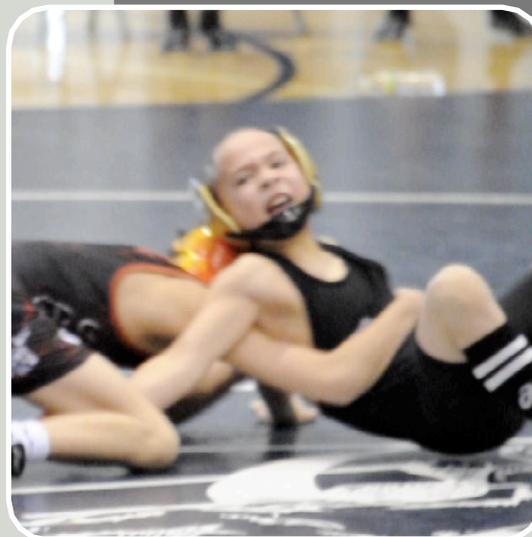
Tournament - 2/10/2013

Weigh in and tournament info coming soon!

Group 1 and 2 Parents

We need help in the snack stand during the Varsity Tournament on Sunday, 2/17/2013. This is a big fundraiser for the club. If you can help please email Jen Stover - 5stovers@comcast.net

QYC - 41
CB - 33



DATES TO REMEMBER:

1/24- Group 3 Practice
1/25- Group 3 @ Lehigh
1/26- Open
1/27- Pennridge, Allen (Home)
1/28- Groups 1-2 Practice
1/29- Group 3 Practice
1/30- Groups 1-2 Practice
1/31- Group 3 Practice
2/1- Group 3 Practice
2/2- Souderton (Away)
2/3- Souderton Tournament

UPCOMING MATCH:

Penridge and Allen
1/27/13
Strayer Middle School

7:45 - Arrival for all
8:00 - Exhibition start
8:30 - V/JV Weigh in
9:00 - JV start time -
Varsity follows

COACHES:

GROUP 1:
Shawn Williams
267.374.1791

GROUP 2 & 3:
Scott Frinzi
267.374.6425

If you have any questions or concerns please address them with the appropriate coach.